

# Simple Weekly Cleaning Checklist

for busy moms

## Monday - Bathrooms

- Wipe bathroom counters
- Clean mirrors
- Scrub toilets
- Replace towels
- Empty trash

## Tuesday - Floors

- Vacuum living room and rugs
- Sweep the kitchen and dining room area
- Mop high traffic spots

## Wednesday - Windows & Wipe Downs

- Clean mirrors and windows
- Dust ceiling fans and light fixtures
- Wipe down doorknobs and light switches

## Thursday - Kitchen

- Clean microwave
- Wipe appliances
- Toss old food from the fridge
- Wipe cabinets

## Friday - Bedroom

- Change sheets
- Declutter dressers and nightstands
- Take out trash